

Treatment Study for Children with Autism or Asperger Syndrome

Does your child experience anxiety or shyness?

Is He / She a Child Who:

- Is **afraid** to be alone or sleep alone?
- Often **worries** too much?
- Is shy or **nervous** in social situations?
- Is **reluctant** to leave parent(s) for even a short while?



Eligible youngsters (**ages 7 – 11**) will receive **FREE** of charge a comprehensive **diagnostic evaluation** and 16 to 32 weeks of treatment with **Cognitive Behavioral Therapy**

Parents of potentially eligible children will be screened over the phone; this will last approximately 15 to 20 minutes. Children selected for the study will participate in a modified version of our treatment program, which has proven to be very successful in reducing anxiety in children with autism, Asperger's, and PDD-NOS. We have expanded this program and are now conducting a second clinical trial at UCLA. Sessions are designed to teach coping skills to alleviate worry and anxiety as well as develop peer relationship skills. The sessions emphasize using newly learned skills in real life situations. Sessions take place at UCLA and the children's schools. Children will be randomly assigned to receive the study treatment immediately or after 16 weeks of standard treatment in community settings.

For more information, please contact:

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It's time to listen.



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